## **Newington Food Bank**

## Who is eligible?

The Newington Food Bank is available to Newington residents facing financial hardship, who fall under the 200% poverty guidelines. You must provide proof of current Newington residency, income and assets, and household members. To see if you meet the income guidelines, go to:

http://liheap.ncat.org/profiles/povertytables/FY2010/popstate.htm



## How can I register?

You need to contact Carol LaBrecque at 665-8595 or Karen Futoma at 665-8596. An appointment will be scheduled to determine eligibility for the Food Bank and other financial assistance resources such as food stamps and energy assistance.

## Where is it located?

The Newington Food Bank is located in Town Hall.

#### What kinds of items are available?

The majority of items are nonperishable food items. We do have some frozen and refrigerated items. We also have limited hygiene and household products.

## How much can I get?

The number of bags you are allowed is based on your household size. The food bank should be considered a supplement to your groceries. It will not meet your full monthly needs.

## How often can I use it?

Use is limited to once a month. Exceptions may be considered on an individual basis for extenuating circumstances.

### When is it open?

Tuesday afternoons: 12:00pm-3:00pm Thursday mornings: 9:00am-12:00pm 2<sup>nd</sup> and 4<sup>th</sup> Monday 4:00-6:45pm

# **Open Air Market**

Every other week <u>1-1:45pm</u>, eligible food bank patrons can attend an open air market in town, where fresh produce is also available. **Only registered** food bank recipients are allowed to access this market.



Wednesday, July 14, 2010 Wednesday, July 28 Wednesday, August 11 Wednesday, August 25 Wednesday, September 8 Wednesday, September 22 Wednesday, October 6

Wednesday, October 20 Wednesday, November 3 Wednesday, November 17 Wednesday, December 1 Wednesday, December 15 Wednesday, December 29 Wednesday, January 12, 2011